

Summer Homework: Health and Social Care



Developments in infancy

Age	Physical	Intellectual	Social	Emotional
3months	Can sit if supported	3 mn Make noises when spoken to		
6months				Shy of strangers
9months				
12months				
15months				
18months				
2years				
2½ years				
3years	Climb on play equipment Ride tricycle Throw and catch			

Life stage	Physical	Intellectual	Social	Emotional
Childhood		At the end of this stage we understand <u>concepts</u> .	Much better at understanding the feelings of others.	As children get older they become better at controlling the way they respond to their emotions.

Growth - an increase in physical size e.g. mass and height

Development - the emergence and increase is sophistication of skills, abilities and emotions

Adolescence

PHYSICAL DEVELOPMENT IN GIRLS	PHYSICAL DEVELOPMENT IN BOYS
▪	▪
▪	▪
▪	▪
▪	▪
	▪

Intellectual development

Emotional development

Social development

Adults

Physical developments	Intellectual developments	Emotional developments	Social developments

Later Adulthood

Physical developments	Intellectual developments	Emotional developments	Social developments
<ul style="list-style-type: none">• Skin wrinkles because of the loss of elasticity.	<ul style="list-style-type: none">• More difficulty in remembering things, especially under pressure. Their reaction times are also slower.		<ul style="list-style-type: none">• A time of great social change for most people.