

BTEC Health and Social Care Level 3

2020

Summer Homework



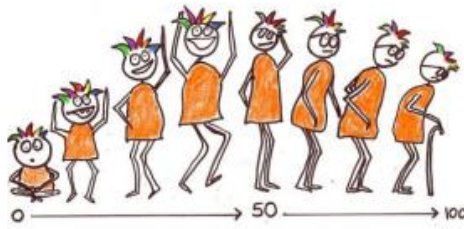
**Human Lifespan development (linked with unit 1 Human Lifespan
Development external exam unit)**

Research the following key words:

Keyword	Definition
Growth	
Development	
Development norms	
Milestone	
Gross motor skills	
Fine motor skills	
Menopause	
Life expectancy	
Self-concept (sense of identity)	
Stranger anxiety	

Life Changes for Older Adults (linked with Unit 1 Human Lifespan development)

Around the age of 65 many people retire from full-time work, or reduce their work commitments. However, people are living longer and working for longer, so the retirement age is increasing.



People have healthier lifestyles and better medical support, so older people can maintain better health. Today, many 65+ year olds don't consider themselves as 'old'. They are looking for new challenges, rather than slowing down.

As we age, cell and tissue repair slow down, so we don't recover from injury or damage so well. Some body systems may start to break down or not work so well. Physical changes that we might see include more general illness, slower recovery times, and slowing of physical responses.

Intellectual development changes as we age, it takes longer to learn new skills. However, there is no reason that new skills can't be learned. Many older people take the opportunity to start courses, take up new hobbies, and use their knowledge and experience to support younger people.

In terms of emotional development, the aging process can make significant changes to a person's self-esteem and self-confidence. Partly, this is because of physical changes to the body and features, such as greying hair and wrinkles. It can also be due to life events such as the loss of a partner or friends of a similar age, family moving away, or not feeling that they are able to contribute in a changing world. Older people are more likely to suffer isolation due to bereavement, illness or physical limitations. This can affect their confidence and desire to join in with social activities.

It is important to remember that these are all generalisations, and that people will age at different rates and respond in different ways.

Comprehension

1. At what age does later adulthood begin?
2. Why are people living longer?
3. Using the information above to remind you, how can old age impact an older person's emotional well-being- both positively and negatively. (500-800 words)

Understanding the different roles and responsibilities of health care professionals

Linked to unit 2: Working in health and Social Care Sector

Health and Social Care Professional	Roles and Responsibilities
Social worker	
Nurse	
Safeguarding Officer	
Therapist	
Psychiatrist	

Research the 'Baby P Case' and

Explain the professionals who were involved in his case and the roles they had to play. Do you think they fulfilled their duty of care? (There were at least 5 professionals from different services involved.)-

Must be between 900-1200 words

Promoting Public Health- linked to Unit 8 Promoting Public Health

Task: Choose a Public Health Campaign

eg "Stay at Home" "Change4life" "Stoptober" (You can choose your own)



1. What is the purpose of the campaign you have chosen and the health issues that are tackled?

2. Who is the target audience?

3. What services are available to support the campaign? Eg the change4life app

4. What form of advertisement has the campaign used? What are the benefits and downfalls of the methods? Eg Television advert is expensive.